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Carbon export from mountain forests enhanced by earthquake-triggered landslides over millennia

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Abstract

Rapid ground accelerations during earthquakes can trigger landslides which disturb mountain forests and harvest carbon from soils and vegetation. While infrequent over human timescales, these co-seismic landslides can set the rates of geomorphic processes over centuries to millennia. However, the long-term impacts of earthquakes and landslides on carbon export from the biosphere remain poorly constrained. Here, we examine the sedimentary fill of Lake Paringa, New Zealand, which is fed by a river draining steep mountains proximal to the Alpine Fault. Carbon isotopes reveal enhanced accumulation rates of biospheric carbon after four large earthquakes over the last ~1100 years, likely reflecting delivery of soil-derived carbon eroded by deep-seated landslides. Cumulatively these pulses of earthquake-mobilized carbon represent $23 \pm 5\%$ of the record length,

26 but account for $43 \pm 5\%$ of the biospheric carbon in the core. Landslide simulations suggest that 14
27 ± 5 Mt C could be eroded in each earthquake. Our findings support a link between active tectonics
28 and the surface carbon cycle and suggest that large earthquakes can significantly contribute to
29 carbon export from mountain forests over millennia.

30

31 **Main text**

32 Earthquakes cause immediate damage to mountain forests^{1,2}, largely through earthquake-triggered
33 landslides^{2,3} which can completely strip hillsides of vegetation and soil⁴. Earthquakes have thus
34 been viewed as a potential source of carbon dioxide (CO₂) over the years that follow, due to the
35 direct forest damage and subsequent degradation of organic matter^{1,2,5}. However, in steep mountain
36 catchments, landslide debris can be transported rapidly to rivers⁶ and buried within lake, delta, or
37 marine deposits^{7,8,9}. Active mountain belts are therefore thought to play an important role in setting
38 the global discharge of biospheric organic carbon derived from vegetation and soil (OC_{biosphere}) by
39 rivers of $\sim 0.16^{+0.07}_{-0.05}$ PgC yr⁻¹ (refs. 10-11) and promote efficient OC burial due to high sediment
40 loads, thereby contributing to sequestration of CO₂ over geological timescales^{8,10,12}. It has proved
41 difficult to quantify the long-term role of earthquakes in OC_{biosphere} export because they are
42 unpredictable, infrequent and sediment export after large earthquakes occurs over decades or
43 longer^{13,14}. If large earthquakes are not accounted for then short-term measurements of OC_{biosphere}
44 export by rivers^{10,11} may be underestimated and fail to capture large transient changes in carbon
45 fluxes over decadal time scales.

46 The immediate impacts of earthquake-triggered landslides have been observed in the
47 sediment loads of numerous rivers¹³⁻¹⁵. Comparison with longer-term denudation rates show that
48 earthquake-triggered landslides can account for a significant part of total denudation over 10²-10⁶
49 years¹⁶⁻¹⁸. In contrast, the only quantitative study of OC_{biosphere} fluxes comes from the 2008
50 Wenchuan earthquake¹⁹, mainly due to the need for river samples before and after the event. There,

OC_{biosphere} discharge by the Sanping River doubled in the four years after the earthquake¹⁹, but the brevity of the historical record meant that the roles of multiple earthquakes in driving OC_{biosphere} export and CO₂ sequestration over longer time scales could not be determined. We address this using the sedimentary archive in Lake Paringa (Fig. 1), western Southern Alps, New Zealand²⁰. The tectonic and geomorphic setting²¹⁻²³, climate²⁴ and extensive vegetation cover²⁵ make this an ideal location to quantify the impact of repeated earthquakes on biogeochemical cycles.

A lake record of earthquake-driven carbon transfers

The Alpine Fault extends almost continuously for > 650 km along the South Island of New Zealand and marks the transpressional boundary between the Australian and Pacific plates, with a shortening rate²³ of up to 12 mm yr⁻¹. No direct observations of Alpine Fault ruptures exist²⁶, but palaeoseismic reconstructions suggest that the fault ruptures along much of its length every 250-350 years²⁷⁻³¹, producing M_w > 7.6 earthquakes in A.D. 1717, ca. A.D. 1400, ca. A.D. 1150 and ~ca. A.D. 925^{20,26}. Here we use a 6 m sediment core from the Windbag Basin of Lake Paringa which preserves evidence of these four Alpine Fault seismic cycles (Methods).

For each earthquake, three distinct sedimentary units have been identified²⁰: i) co-seismic megaturbidites; ii) post-seismic hyperpycnites; and iii) inter-seismic layered silts. The co-seismic megaturbidites were deposited contemporaneously with fault rupture following sub-aqueous slope failures. Correlation of megaturbidites across multiple lakes^{29,30} and their coincidence with earthquakes dated by other palaeoseismic methods²⁶⁻²⁸ help to confirm them as markers of large earthquakes. These are overlain by post-seismic hyperpycnite stacks which contain sequences of graded turbidites²⁰. These hyperpycnite stacks are central to this study: they record the landscape response to earthquake shaking and landslides in catchments draining to the lake. The overlying layered silts are interpreted as deposits from inter-seismic periods of relative geomorphic quiescence^{20,29}. To quantify the accumulation of OC and assess the OC source¹¹, we combine measurements of total organic carbon (TOC) content ([TOC], wt.%), TOC to nitrogen ratio (C/N),

stable organic carbon isotopes ($\delta^{13}\text{C}$), radiocarbon (^{14}C) activity in bulk organic matter reported as ‘fraction modern’ (F_{mod}), and biomarker abundance (Methods).

The upper part of the core (0.30–0.89 m) comprises the most recent sediments (from ~A.D. 1800 to ~ A.D. 1950) which characterize the OC accumulated during the present inter-seismic phase²⁰. These sediments have mean $\delta^{13}\text{C} = -28.8 \pm 0.2\text{‰}$ ($n = 19$, $\pm 2\text{SE}$ unless otherwise stated) and mean $\text{C/N} = 11.7 \pm 0.5$ ($n = 19$) (Supplementary Table S1). Organic matter from other inter-seismic silts in the core²⁰ has similar compositions (Fig. 2). The $\delta^{13}\text{C}$ and C/N values suggest that the inter-seismic sediments contain OC eroded from lower-elevation surface soils proximal to the lake (mean $\delta^{13}\text{C} = -29.9 \pm 0.4\text{‰}$ and $\text{C/N} = 10.2 \pm 2.0$, $n = 3$; Supplementary Table S2), mixed with a contribution from surface and deep higher elevation soils (Fig. 3A). The role of autochthonous OC within the lake appears to be minor based on the distribution of n -alkanes and n -alkanoic acids (Supplementary Information, Supplementary Fig. 1). OC is also present in meta-sedimentary bedrock within the catchment, which tends to dominate the river bed sediment OC³²⁻³⁴. Bedrock samples have a mean $[\text{TOC}] \sim 0.15\%$ (ref. 32), much lower than $[\text{TOC}]$ in the inter-seismic sediments of $2.4 \pm 0.3\%$, ($n = 50$). We calculate that rock-derived OC makes up a minor component ($\sim 10\%$) of the inter-seismic sediments (Methods), similar to estimates from a small number of suspended sediment samples collected from the modern-day Hokitika and Whataroa Rivers³².

Geochemical evidence for earthquake-triggered landslides

The post-seismic sediments deposited after each earthquake are ^{13}C -enriched, with a mean $\delta^{13}\text{C} = -27.2 \pm 0.1\text{‰}$, and have higher C/N values of 18.7 ± 1.4 ($n = 97$) compared to the inter-seismic layers (Figs. 2 and 3). The weighted mean post-seismic $[\text{TOC}] = 2.2 \pm 0.4\%$ ($n = 97$) is similar to the inter-seismic periods and rock-derived OC contributes a similar component ($\sim 10\%$). A rock-derived contribution therefore cannot explain the large shift in $\delta^{13}\text{C}$ and C/N values. The $\delta^{13}\text{C}$ and C/N values suggest that immediately following each earthquake, the OC is a mixture of ^{13}C -

103 enriched deeper soil (from deeper saprolite soil horizons³⁵ and weathered colluvium³⁴) and surface
104 soil from higher elevations (Fig. 3A).

105 Our inference of post-earthquake mobilisation of OC from deeper soil sources is supported
106 by changes in ¹⁴C activity of the bulk OC. Following the A.D. 1717 earthquake, the F_{mod} values
107 range from 0.889 to 0.953 (Supplementary Table S1). Based on the SHCal13 calibration curve³⁶
108 constraint on the ¹⁴C activity of atmospheric CO₂ and OC_{biosphere} produced during this same period
109 (i.e. between A.D. 1717 and A.D. 1795, Supplementary Table S2), the F_{mod} values of OC_{biosphere}
110 should be between 0.971 and 0.977. We normalise the F_{mod} values of organic matter in the lake to
111 those of the atmosphere at time of deposition (Methods), and normalise the modern soil samples to
112 the atmosphere at time of sampling³⁷, to better compare the measurements (Fig. 3B, Methods). The
113 approach suggests the input of both surface and deeper soils immediately following the A.D. 1717
114 earthquake are required to produce the observed ¹⁴C-depletion, supporting the observations from
115 N/C and $\delta^{13}\text{C}$ (Fig. 3A).

116 Landslides are an effective mechanism of eroding and mixing deep and surface soils^{4,32,38}
117 and the geochemical data demonstrate these inputs are enhanced following the last four Alpine
118 Fault earthquakes (Fig. 3). This is consistent with measurements made after the 2008 Wenchuan
119 earthquake, which showed dilution of detrital ¹⁰Be concentrations of quartz in river sediments due
120 to an increase in the overall depth of erosion by landsliding³⁹. Because the soil litters have a much
121 higher organic carbon content (mean [TOC] = 12 ± 6 %, $n = 7$) compared to the deeper soils (mean
122 [TOC] = 1.3 ± 0.8 %, $n = 6$), the composition of the lake sediments requires a large mass
123 contribution from deeper soils to shift the composition (Fig. 3). With more measurements of the
124 stock and composition of soil OC with depth, it may be possible to use organic matter to quantify
125 the overall depth of landslide erosion³⁸ and how it evolves following a large earthquake³⁹. At this
126 stage, however, it is not possible to go beyond a qualitative analysis.

127 The large post-seismic increase in mountain-derived OC_{biosphere} suggests that the river is not
128 at transport capacity during the inter-seismic phases and can carry more OC_{biosphere} than is supplied

during those periods. This is consistent with the supply-limited nature of OC_{biosphere} in other mountain rivers¹¹. The post-seismic turbidite sequences suggest repeated hyperpycnal inputs to the lake in turbid river plumes^{15,20} which effectively transport and preserve OC_{biosphere}, likely driven by high runoff intensities during storms^{7,8,11}. Following the immediate response, each earthquake cycle shows a remarkably consistent evolution of $\delta^{13}\text{C}$ and C/N values (Fig. 2). The OC_{biosphere} composition evolves away from that of deeper and higher elevation mountain soils and toward that of surface soils at lower elevations (Fig. 3A). ¹⁴C-depleted organic matter appears to persist throughout the post-seismic phase (Fig. 3B). Landslide-derived material appears to be gradually removed from the catchment until the river reverts back to its inter-seismic state, perhaps due to a time lag associated with more poorly connected landslide deposits^{7,14}. The time scale of this evacuation has been estimated from sediment core chronologies^{20,29} to be 58 ± 15 years. Stabilisation of landslide scars by new vegetation growth may also play a role⁴⁰ and takes ~50–100 years in the Southern Alps⁴¹.

Erosion and accumulation of organic carbon

To estimate the role of earthquakes in the accumulation of OC_{biosphere} in the lake, we combined the measured [TOC] and the fraction of rock-derived OC in the core, with previously-determined clastic sedimentation rates²⁰ (Methods). This is a conservative measure because we do not account for OC_{biosphere} stored in the co-seismic megaturbidites, which are likely to store some earthquake-derived landslide material²⁰. The OC_{biosphere} accumulation rate during the four post-seismic periods, as an uncertainty weighted-average over the core cross sectional area (Methods), was 11.8 ± 2.5 mg C cm⁻² yr⁻¹, ranging from 9.8 ± 3.6 mg C cm⁻² yr⁻¹ to 15.6 ± 8.6 mg C cm⁻² yr⁻¹ (Table 1). This is 3.0 ± 0.7 times greater than the average OC_{biosphere} accumulation rate for the inter-seismic periods of 3.9 ± 0.4 mg C cm⁻² yr⁻¹. We find that four large earthquakes have driven the accumulation of $43 \pm 5\%$ of the OC_{biosphere} deposited in the core from Lake Paringa since A.D. 965–887. Given an average

154 post-seismic sedimentation phase duration of 58 ± 15 years^{20,29}, this period of deposition accounts
155 for $23 \pm 5\%$ of the total record length (Supplementary Table S3).

156 The important role of earthquakes in the export of OC_{biosphere} to Lake Paringa is consistent
157 with wider estimates from the western Southern Alps. Based on inventories of landslides from large
158 earthquakes^{16-18,42,43}, a $M_w \sim 8$ earthquake on the Alpine Fault would trigger extensive landslides in
159 the temperate rainforest along the fault rupture. To estimate how much OC_{biosphere} may be
160 mobilized, we use an approach which describes landslide probability with distance from the
161 epicenter accounting for seismic wave attenuation⁴². Based on a feasible range of peak landslide
162 density after an Alpine Fault earthquake of 6-10 % of the land surface^{13,17,18,42,43}, and information
163 on soil and vegetation carbon stocks^{4,32}, we estimate the total OC_{biosphere} mass removed by an Alpine
164 Fault earthquake as between 8 ± 4 Mt C and 14 ± 5 Mt C (Methods, Supplementary Fig. S2).
165 Considering the recurrence interval of large earthquakes³⁰, the corresponding rate of OC_{biosphere}
166 erosion is between 5 ± 2 to 9 ± 4 t C km⁻² yr⁻¹. These values are 70-100% of modern-day estimates
167 of landslide-driven OC_{biosphere} erosion⁴ (~ 8 t C km⁻² yr⁻¹) and 10-20% of modern-day estimates of
168 total OC_{biosphere} discharge by rivers (~ 39 t C km⁻² yr⁻¹) in the western Southern Alps³². For context,
169 the total mass which may be mobilized by an Alpine fault earthquake is potentially equivalent to
170 New Zealand’s annual CO₂ emissions of 9.439 Mt C in 2013 (ref. 44).

171

172 **Implications for the geochemical carbon cycle**

173 Seismogenic faults at convergent plate boundaries can impact carbon export from the terrestrial
174 biosphere. Firstly, over million year timescales orogenesis and denudation processes interact to build
175 steep mountains^{21,23}. These topographic barriers can intercept moisture²⁴ and fuel forest growth²⁵.
176 Such vegetated, steep landscapes promote OC_{biosphere} erosion by runoff-driven processes and mass
177 wasting¹¹ and mountain rivers can have very high OC_{biosphere} yields¹⁰. As a result, it is estimated that
178 $\sim 40\%$ of the global OC_{biosphere} export by rivers may come from topography steeper than $\sim 10^\circ$ (3-arc-
179 second)¹¹, which makes up $\sim 16\%$ of Earth’s continental surface⁴⁵. A second impact to the carbon

cycle occurs over decadal timescales, as demonstrated here, when the ground shaking during $M_w > 7$ earthquakes triggers widespread landsliding^{16-18,42}. These landslides can deliver $OC_{\text{biosphere}}$ to rivers¹⁹ which have the capacity to transport it (Fig. 3) and therefore result in pulsed increases in the organic carbon export from a mountain range (Fig. 2, Table 1). In the western Southern Alps, large earthquakes appear to have driven $43 \pm 5 \%$ of the $OC_{\text{biosphere}}$ export over the last thousand years. A single Alpine Fault earthquake could mobilize up to $14 \pm 5 \text{ Mt C}$, $\sim 10\%$ of the estimated global annual $OC_{\text{biosphere}}$ discharge by rivers¹⁰.

The links between tectonics and the carbon cycle are further pronounced when the fate of the eroded $OC_{\text{biosphere}}$ is also considered. Earthquake-triggered landslides act to greatly enhance clastic sediment yields in rivers in the years which follow the event¹³⁻¹⁵. This increases their turbidity and should act to increase sediment accumulation in depositional settings and increase the burial efficiency of $OC_{\text{biosphere}}$ and thus long-term CO_2 sequestration^{8,10,12}. However, the role of terrestrial OC in the tectonic forcing of the carbon cycle is often neglected (in comparison to marine organic carbon burial⁴⁶) partly because the global flux of $OC_{\text{biosphere}}$ erosion by earthquake-triggered landslides remains to be quantified. The widespread intersection of mountain forests and seismogenic faults, particularly in Oceania⁴⁷, could mean that active tectonics acts to moderate the drawdown of atmospheric CO_2 by $OC_{\text{biosphere}}$ burial and thus influence the long-term evolution of Earth’s climate.

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Author contributions

R.G.H., J.D.H. and A.L.D. conceived and designed the project. J.D.H. and S.J.F. collected the core and N.V.F. undertook the sampling and geochemical analysis under the supervision of R.G.H., J.D.H. and D.G. J.W. undertook the biomarker analysis and interpretation under direction from E.L.M. and R.G.H. J.D. ran the radiocarbon analyses. N.V.F. analysed and interpreted the bulk data under the supervision of R.G.H., A.L.D. and J.D.H. T.C. computed the Alpine Fault landslide scenarios with R.G.H. and J.D.H. R.G.H., N.V.F., and J.D.H. wrote the paper with input from all authors.

Competing Financial Interests statement

336 The authors declare they have no competing financial interests.

337

338 **Additional information**

339 Supplementary information is available for this paper

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344

345 **Figure Captions**

346

347 **Figure 1: Tectonic setting of the Southern Alps and the topography of the Lake Paringa**

348 **catchment. A.** Regional tectonic setting. **B.** The source catchment of Lake Paringa (outlined in
349 yellow) and the location of sediment core PA6m1. Dots show location of other cores²⁰. **C.**

350 Comparison of the topography of the Windbag Basin catchment (yellow) and the adjacent Paringa
351 River (blue), a major trunk valley on the western flank of the Southern Alps derived from an 8 m
352 Digital Elevation Model. **D.** Hillslope angle probability density functions showing that the
353 Windbag Basin (yellow) is comparable to neighboring Paringa catchment (blue).

354

355 **Figure 2: Organic matter in Lake Paringa core PA6m1.** Left to right, core images, graphic log,
356 dry mass of clastic sediment (Mcs, g) and magnetic susceptibility (X) for **A.** core PA1 (ref. 20) and
357 **B.** PA6m1 (this study), which correlate at the centimeter scale (black – 5 cm running average; grey–
358 0.5 cm resolution data). For PA6m1, the stable isotope composition of organic carbon ($\delta^{13}\text{C}$, ‰
359 analytical uncertainty smaller than the symbol size) and the organic carbon to nitrogen ratio (C/N,

colours). Four large Alpine Fault earthquakes are recorded by megaturbidites (grey bars)²⁰ and post-seismic periods are highlighted by pink bars.

Figure 3: Sources of organic matter in Lake Paringa during earthquake cycles. Symbols

denote post-seismic sediments after each major earthquake identified in the core²⁰ and are coloured by sample distance (in cm) above the megaturbidite marking the previous earthquake (yellow are immediately post-seismic). Stars and hexagons show soil and weathered colluvium samples (Supplementary Table S2). Analytical uncertainties are smaller or similar to the symbol size. **A.** The nitrogen to organic carbon ratio versus the stable C isotope composition. **B.** The radiocarbon disequilibria of samples, $F^{14}R_{x-atm}$, relative to the atmosphere³⁷ (Methods), allowing comparison between lake sediment samples deposited post-A.D. 1717 and modern-day soils.

Methods

Study site and Core collection

The western Southern Alps are an ideal location to track OC_{biosphere} erosion due to the repeated large earthquakes²⁰, rapid erosion^{21,22}, and extensive vegetation cover²⁵. The maritime climate results in high rates of orographic precipitation of up to 10-12 m yr⁻¹ (ref. 24). The tectonic and climatic setting drive physical erosion rates of 6-9 mm yr⁻¹ adjacent to the Alpine fault, where modal slope angles of ~35° promote bedrock landslides which supply sediment to rivers during the current inter-seismic period^{4,21,22}. Temperate rainforest is found at elevations ≤ 800 m^{25,48}. At altitudes below 400 m, evergreen angiosperms, conifers, *Dacrydium cupressinum*, and *Dacrycarpus dacrydioides* preside, while shrubs, herbs and grassland persist above the regional snowline at ~1,250 m. The carbon stocks of above-ground biomass and soil in the western Southern Alps are estimated to be 17,500 ± 5,500 tC km⁻² and ~18,000 ± 9,000 tC km⁻², respectively⁴. In the current inter-seismic phase, steep slopes and high precipitation result in high particulate OC_{biosphere} fluxes by rivers^{32,49}, with the mean of ~39 tC km⁻² yr⁻¹ being amongst the highest in the world^{10,11}.

The catchment above Lake Paringa drains approximately 60 km² of the frontal Southern

Alps with elevations from 16-1420 m (Fig. 1A). Median hillslope gradients of ~31-32° are sufficient to support high rates of landsliding^{21,22} and are similar to those in other larger catchments in the western Southern Alps (Fig. 1D). Four soil samples were recovered from a 0.99 m deep soil pit at 75 m elevation close to Lake Paringa (Supplementary Table S2). Together these represent the O- (surface), A- (0.01-0.09 m), E- (0.09-0.79) and B- (>0.79 m) soil horizons. Three proximal surface soil samples were collected from low elevation (15 m) on the Lake Paringa fan. Catchment soils³⁴ (litters and weathered colluvium samples) come from a published³⁴ elevation transect (420 – 750 m) collected from Alex Knob in another watershed ~70 km northeast of the study area along strike of the Alpine Fault (Supplementary Table S2). This site is analogous to the Lake Paringa headwaters because the vegetation cover is similar⁴⁸, both are located at the mountain front within a few km of the Alpine Fault, and have the same range in elevation (400-800 m), mean annual precipitation⁵⁰, slope angles (30-50 degrees), and bedrock geology⁵¹.

The 6 m sediment core was collected from the center of the Windbag Basin, Lake Paringa, using a Mackereth corer (PA6m1) (Fig. 1B). The core was correlated to master core PA1 (Fig. 2) which has a well-established chronology²⁰ based on accelerator mass spectrometry measurements of the radiocarbon (¹⁴C) content of 22 terrestrial macrofossils. Howarth et al. (2012) (ref. 20) derived a calibrated calendar age for each macrofossil in OxCal 4.1 using the P_sequence depositional model. Stratigraphic horizons of the master core were visually correlated to coincident horizons on the recovered core (Fig. 2A&B). Where visual correlation was not possible, the extracted core was correlated to the master core using a linear regression model. As the downcore correlation resolution of ≥ 0.1 cm is greater than the sediment sampling resolution of ≥ 0.5 cm, minor correlation errors are assumed to be negligible.

Geochemical Analyses

411 A total of 189 samples were collected from core PA6m1 at variable intervals of 0.2–5.8 cm (Table
412 S1). For each of these samples, along with the soil samples, 0.4–0.6 g was reacted with 20 ml of
413 0.25 M hydrochloric acid for four hours at approximately 70°C to remove any inorganic carbonate
414 present in the sample material. Reaction conditions were determined following tests on material
415 collected from the nearby Poerua and Whataroa catchments to maximize the preservation of organic
416 material while effectively removing detrital carbonates derived from the catchment⁵². Total organic
417 carbon content ([TOC], wt. %) and stable organic carbon isotopes ($\delta^{13}\text{C}$, ‰) were measured by
418 combustion of sediment at 1020°C in a Costech Elemental Analyser coupled via a CONFLO III to a
419 MAT 253 stable isotope mass spectrometer. [TOC] measurements were corrected for mass loss
420 during reaction. $\delta^{13}\text{C}$ measurements were normalised based on a range of internal and international
421 standards and corrected for instrumental blanks. Total nitrogen content ([TN], %) was measured by
422 combustion of untreated samples in a Costech Elemental Analyser with a CARBOSORB trap to
423 inhibit large CO₂ peaks from affecting measurements. Sample replicates ($n = 20$) were used to
424 determine precisions ($\pm 2\text{SE}$) of [TOC] = $\pm 0.12\%$, $\delta^{13}\text{C}$ = $\pm 0.11\%$ and [TN] = $\pm 0.01\%$. These are
425 assumed to account for heterogeneity within the dataset.

426 A subset of samples were selected from two of the seismic cycles in the lake sediments
427 (cycles 4 and 5, Table 1) across inter-seismic ($n = 4$), post seismic ($n = 8$) and co-seismic ($n = 3$)
428 sediments for the analysis of biomarker abundance following published methods^{53,54}
429 (Supplementary Table S4). We focused on the extraction of *n*-alkanes and *n*-alkanoic acids from
430 aliquots of lake sediment (~2g) to which internal standards were added prior to extraction in a
431 microwave accelerated reaction system (MARS, CEM Corporation) in 12 mL of dichloromethane
432 (DCM) and methanol (3:1). Total lipid extracts were saponified at 70 °C for 1 h using 8% KOH in
433 methanol/water (99:1). The ‘base’ fractions were liquid–liquid extracted in 2.5 mL of pure hexane
434 three times. The ‘acid’ fractions were extracted at pH 2 with 2.5 mL hexane and DCM (4:1) three
435 times. Alkanoic acids in the acid fraction were methylated in 3 ml mixture of HCl and methanol
436 (5:95) at 70 °C for 12 h. MilliQ water (4 mL) was then added, and fatty acid methyl esters (FAMES)

437 were liquid–liquid extracted into hexane and DCM (4:1) three times. The base fractions were
438 separated into three sub-fractions by silica column chromatography, eluting with: 4 mL hexane
439 (F1); 4ml DCM (F2) and 4ml MeOH (F3). The *n*-alkanes in the first fraction of the base fraction
440 and the FAMES were quantified using a gas chromatograph (GC) fitted with a flame ionization
441 detector (FID; Thermo Scientific Trace 1310). Hydrogen was used as a carrier gas. The temperature
442 increased from 70°C (initial hold time 2 min) to 170°C at a rate of 12°C min⁻¹ then to 310 °C at 6°C
443 min⁻¹ and held for 35 min. Quantification was achieved by comparison with internal standard
444 Hexatriacontane and Heptadecanoic acid (Sigma-Aldrich). All measurements were made at the
445 Department of Geography, Durham University.

446 Samples (n = 23) from the A.D. 1717 seismic event sequence were selected and analysed for
447 the radiocarbon activity (¹⁴C, reported as ‘fraction modern’, F_{mod}) of bulk organic matter by
448 accelerator mass spectrometry after graphitization at the Rafter Radiocarbon Laboratory, New
449 Zealand (Supplementary Table 1). IAEA-C5, an international standard, was subjected to the same
450 inorganic carbonate removal process and measured for F_{mod}. This returned F_{mod} within 0.0125 of
451 expected values. Published measurements of F_{mod} from soils³⁴ are compiled here (Supplementary
452 Table 2).

453 To compare the ¹⁴C activity of lake core sediment samples from after the A.D. 1717
454 earthquake to those of modern soils (Fig. 3B), we calculated the ¹⁴C disequilibria relative to the
455 atmosphere³⁷, $F^{14}R_{x-atm}$:

456

457
$$F^{14}R_{x-atm} = \frac{F_{mod-x}}{F_{mod-atm}} \quad (\text{equation 1})$$

458

459 where F_{mod-x} is the fraction modern of the sample, and F_{mod-atm} is that of the atmosphere at the time
460 of sampling (for modern samples) or deposition (for sediment samples). $F^{14}R_{x-atm}$ contains
461 information on the residence time of carbon in a reservoir, although this is not a linear function with

462 sample age³⁷. Here it provides a useful way to compare the ¹⁴C activity of organic matter in the lake
463 core to the modern day soil samples.

464 For the soil samples³⁴, we used $F_{\text{mod-atm}} = 1.0354$ based on atmospheric CO₂ measurements
465 at Wellington, New Zealand⁵⁵ and the sampling date of October 2014. The two soil litter samples
466 (NZ14-57 and NZ14-60, Supplementary Table S2) contain bomb-derived ¹⁴C, and so are not fully
467 analogous to the composition of soil present in the pre-anthropogenically disturbed environment of
468 New Zealand. For the lake sediment samples, the chronology is well constrained²⁰, but the details of
469 post-seismic sedimentation rates are not known. For that reason, we normalized all lake sediment
470 F_{mod} values to a single $F_{\text{mod-atm}}$ value of between 0.9712 and 0.9809 (i.e., the mid-value and range of
471 $F_{\text{mod-atm}} = 0.9760 \pm 0.0049$), which represents values for A.D. 1715 to A.D. 1795 (the approximate
472 duration of the post-seismic phase) from ShCal13³⁶.

473

474 **Organic carbon source and OC accumulation rates**

475 The total mass deposited during each seismic phase was determined for PA6m1, following the
476 correlation to the master core PA1²⁰. Uncertainties on total mass accumulation were quantified by a
477 Monte Carlo simulation, taking into account the uncertainties on the correlation and the
478 uncertainties on the age model and duration of each interval (Supplementary Table S3). To quantify
479 the OC accumulation rate, the average [TOC] value for each of the post-seismic and inter-seismic
480 phases were combined with the total mass accumulation rate. Whilst this is not a volumetric
481 estimate, it does quantify millennial-scale changes in the relative rates of OC supply. We omitted
482 the post-seismic phase following the ca. A.D. 1570 seismic event²⁰ (referred to as ‘Seismic phase 2’
483 in previous work), because the Alpine Fault did not rupture as far south as Lake Paringa, if at
484 all^{20,26,29,30}, thus it is not comparable with the other events. In addition, this method does not account
485 for OC deposited in co-seismic megaturbidites. These are predominantly composed of re-worked
486 sub-aqueous material, but may contain sediment from slope failures immediately adjacent to the
487 margins of Lake Paringa, and so the role of earthquakes may be underestimated.

488 To report OC_{biosphere} accumulation, rock-derived OC inputs to Lake Paringa are accounted
 489 for. The fraction of rock-derived, ‘petrogenic’, organic carbon, F_{petro} , can be quantified^{10,11} using
 490 measured [TOC] and a previously-defined bedrock end-member for the region³²⁻³⁴, an average
 491 [TOC] $\sim 0.15\%$, and assuming a binary mixture of rock OC and biospheric OC^{10,32}. This returns
 492 mean F_{petro} values for each depositional phase which are < 0.1 and does not systematically vary
 493 between inter-seismic and post-seismic phases (Supplementary Table S3). The OC_{biosphere}
 494 accumulation rates were then calculated by combining OC accumulation rate and the fraction of
 495 carbon from biospheric sources (i.e. $1 - F_{\text{petro}}$). Uncertainties derive from the proportion of
 496 uncertainties on total mass accumulation rate (described above) and the 2 x standard error of the
 497 mean [TOC] and F_{petro} values for each depositional phase (Supplemental Table S3).

498 To compare the rates of OC_{biosphere} accumulation ($\text{mgC cm}^{-2} \text{ yr}^{-1}$) between inter-seismic and
 499 post-seismic phases, we calculate the uncertainty-weighted average of all events (Table 1). This
 500 views each post-seismic (and inter-seismic) phase as measurements of the same quantity and
 501 accounts for the associated uncertainty (i.e. the fact that some of the measurements are more precise
 502 than others). Based on these values, the OC_{biosphere} accumulation rates are 3.0 ± 0.7 times faster than
 503 inter-seismic rates. The arithmetic mean is more appropriate if each post-seismic (and inter-seismic)
 504 phase are viewed as discrete entities (i.e. they are not replicate measurements of the same
 505 phenomenon) and gives a corresponding value of 2.4 ± 1.9 . The comparison of uncertainty-
 506 weighted mean values (Table 1) is reported in the text based on the observed similarity of the
 507 geochemical responses to each large earthquake (Figs. 2, 3) and regularity of Alpine Fault rupture
 508 frequency and length based on palaeoseismic evidence^{28,30,31}.

509 To determine the relative importance of large earthquakes in the total mass of OC_{biosphere}
 510 accumulation, we sum all inter-seismic and post-seismic masses (mgC) and report the proportion of
 511 the total ($7.95 \times 10^4 + 5.94 \times 10^4 = 13.9 \times 10^4 \text{ mgC}$) represented by OC_{biosphere} during the post-
 512 seismic phases ($5.94 \times 10^4 \text{ mgC}$), which is $42.7 \pm 5.4 \%$. The uncertainty is derived from the
 513 propagation of errors during addition of each seismic cycle.

514

515 **Landslide-mobilized OC_{biosphere} by an Alpine Fault earthquake**

516 To estimate the likely magnitude of OC_{biosphere} erosion by an Alpine Fault earthquake over the entire
 517 length of the fault rupture, and to enable a comparison of this to the values derived from the detailed
 518 Lake Paringa record, we used published literature and a theoretical framework to provide a bound
 519 on the main variables. The rupture length of the A.D. 1717 earthquake is estimated to be >380
 520 km³¹, and previous Alpine Fault earthquakes are thought to have ruptured between 250 km and 350
 521 km based on palaeoseismic reconstructions^{26,30}. We used a rupture length of 300 km as a
 522 conservative estimate. We examined the slope angles as a function of distance to the fault using 30
 523 m resolution digital topographic data from SRTM⁵⁶ for a typical elevation profile from the nearby
 524 Whataroa catchment, and found that steep slopes capable of sustaining earthquake-triggered
 525 landslides (> 20°)^{18,43} are present up to and beyond ~25 km of the Alpine Fault (Supplementary Fig.
 526 S2A). To constrain the area of landslides in mountain forest following a M_w~8 Alpine Fault
 527 earthquake, we used a model accounting for seismic wave attenuation which has been tested on
 528 empirical data⁴²:

529

$$530 \quad P_{ls}(R) = \frac{aR_0 \exp\left(\frac{R_0}{\chi}\right)}{R} \exp\left(-\frac{R}{\chi}\right) \quad (\text{equation 2})$$

531

532 where $P_{ls}(R)$ is the percentage of surface area impacted by co-seismic landslides as a function of
 533 distance to the earthquake epicentre (R), a is a constant reflecting an seismogenic source term and
 534 the geomorphic sensitivity to ground motion, χ is a damping factor here set to 4 km, and R_0 is the
 535 focal depth⁴², here set to 10 km (Supplementary Fig. S2B). The total landslide area is computed as:

536

$$537 \quad A_{ls,tot} = L \int_{R_{min}}^{R_{max}} P_{ls}(R) dR \quad (\text{equation 3})$$

538

where L is the rupture length, here fixed at 300 km, R_{min} is the intersection of the Alpine Fault with the surface and R_{max} is the maximum distance from the fault where landsliding is more than $\sim 0.2\%$. Here this equates to $R_{max} = 20$ km. Using the estimates of $OC_{biosphere}$ stocks in vegetation ($OC_{veg} = 17500 \pm 5500$ tC km⁻²) and soils ($OC_{soil} = 18000 \pm 9000$ tC km⁻²) (ref. 4), the total mass of organic carbon, m_{OC} tC km⁻², mobilized by a $M_w = 8$ earthquake is given by:

$$m_{OC} = (OC_{veg} + OC_{soil})A_{ls,tot} \quad (\text{equation 4})$$

The mobilization rate, tC km⁻² yr⁻¹, is calculated assuming a $M_w \sim 8$ recurrence time of 263 ± 68 years³⁰. The maximum value of P_{ls} is not known for an Alpine Fault earthquake, but it is reasonable to assume it may vary somewhere between 2.5% ($M_w 7.6$ Chi Chi earthquake Taiwan^{13,42}) to 12 % ($M_w 7.9$ Wenchuan earthquake, China^{17,57}). A range of scenarios between these values are considered (Supplementary Fig S2C). While these calculations remain untested for an Alpine Fault earthquake, they represent reasonable impacts based on our current understanding of earthquake-triggered landslides and available empirical data on landslide distributions. These estimates account for both vegetation and soil, with a wide range of grain sizes, meaning their subsequent mobilization and transport through river networks might be out of phase over annual to decadal timescales^{7,11}.

Data and Code Availability

The authors declare that the data supporting the findings of this study are available within the article and its Supplementary Information files and Supplementary Tables (S1-S4). We have opted not to make the computer code associated with the landslide modelling presented in this paper available because the governing equations are provided (Equations 2-4).

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591

592 **Table 1: Organic carbon accumulation rates in Lake Paringa core PA6m1.**

Seismic cycle*	Date of Alpine Fault Rupture* (yrs A.D.)	95% age range for megaturbidite deposition* (yrs A.D.)	Post-seismic OC _{biosphere} accumulation rate (mg C cm ⁻² yr ⁻¹)**	Inter-seismic OC _{biosphere} accumulation rate (mg C cm ⁻² yr ⁻¹)**
1	1717	1745-1690	14.4 ± 5.2	9.6 ± 6.5
3	ca. 1400	1405-1374	15.6 ± 8.6	4.4 ± 0.6
4	ca. 1150	1120-1064	9.8 ± 3.6	3.5 ± 0.6
5	ca. 925	965-887	11.7 ± 5.3	3.7 ± 1.0
<i>All events***</i>			11.8 ± 2.5	3.9 ± 0.4

593 *from ref. 20

594 **see Supplementary Table S3

595 ***Uncertainty-weighted average





